

A Report on Sports Activities of B.H.College

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1.INTRODUCTION:- Keeping in view the importance of sports in today's scientific era and its vitality in the shaping of individual's personality and health and fitness, the college lays considerable emphasis on students participation in various games, sports and track and field activities. The spacious ground of the college is laid out into playfields for Cricket, Football, Volleyball, Athletics, kabaddi etc. Facilities have also been provided for Yoga, Weightlifting etc. A Gymnasium hall equipped with two synthetic badminton courts and modern scientific machines like a Multi-station gym machine electric treadmill etc are available for the use of students.

2. ABOUT THE SPORTS CELL – The B.H. College sports cell was established on 12th November 2010 with the objective to promote sports and the all round development of the students by inspiring them to participate in various games and sports which help them to develop their leadership quality, problem solving capability, team work qualities, positive attitude etc. the sports cell also give emphasis on development of the students physical, mantel and emotional health.

3. VISION AND MISSION OF SPORTS CELL:- The B.H. College sports cell was established with the objective to promote sports and the all round development of the students by inspiring them to participate in various games and sports which help them to develop their leadership quality, problem solving capability, team work qualities, positive attitude etc. the sports cell also give emphasis on development of the students physical, mantel and emotional health. The Cell is responsible for coordinating different sports

activities within and outside of the campus. The sports cell also monitors the annual sports meet and ensures technical support and assistance to the organizing committee. The sports cell is also responsible for conduct trail camps for selecting the athlete of the college team for participating in any sports competition.

Also the college authority appointed a Physical Instructor for technical support to provide coaching in various games and trains the athletes of the college team to participate in various sporting events.

4. SPORTS INFRASTRUCTURE:-

Indoor Stadium- B.H. College has an indoor stadium with multiple sports facilities with provision of lights (With Generator) for night practices and for conducting day-night tournaments. The indoor stadium included the following facilities:-



i. Two synthetic badminton courts



ii. Office room of Sports Cell



iii. A gymnasium which include-

- *A multi station gym machine.*



- *An electric treadmill.*



- *Various manual machines for workout.*



- *Various kinds of bars and dumbbells*



Athletics field: - The college field has enough space for a 200mtr standard track for running events. All the athletics events of college sports week are organize in this field. The field has also provision for



i. Javelin through sector.

ii. High jump pit.

iii. Long jump pit.

iv .Discuss through sector

v. shot-put through sector



Football field: - B.H College has a standard size football field inside the college campus. The field covered with green grass is capable for organizing all types' of district level and state level football competition. In 2015 B.H College organized inter college football competition in this field.



Basketball Court:- The college has a fully equipped with concrete floor basketball court in the college camps.

Volleyball court:- College has two volleyball courts for boys and girls.



Kabaddi court:- the college has a kabaddi court also.



Cricket field: - the college campus has a cricket ground with natural turf pitches.



SPORTS EVENTS AND ACHIEVEMENT

***GOLAPI DAS AND Dr. MOKSHED ALI MEMORIAL MASTERS
VOLLEYBALL COMPETITION
ORGANIZED BY: B.H. COLLEGE, HOWLY ON THE 3RD OCTOBER 2019***

On the 3rd October 2019 B.H. College Sports Cell organised Golapi Das and Dr. Mokshed Ali Memorial Masters Volleyball Competition at B.H. College playground. Total 6 number of teams participated in this tournament. The tournament was inaugurated by District Transport Officer Barpeta. Dr Bhushan Ch. Pathak Principal B. H College Howly, donor Pankaj kumar Das and Maniruddin Ahmed, all the teachers and all the members and students of B. H College Howly were present in the opening ceremony. The team of Bajali and Howly entered in the finals. Bajali won against Howly by 3-1 set. Also a girls exhibition Volleyball match was played between the B. H College girls team and Barpeta girls team. The first prize was donated by Pankaj Kumar Das MVI Barpeta and the 2nd prize was donated by Maniruddin Ahmed, Social Worker Howly.



***GAUHATI UNIVERSITY INTER COLLEGE ATHLETICS AND BOXING
CHAMPIONSHIP 2019-2020***

The team of B. H. College won 8 medals in Gauhati University Inter College Athletics and Boxing Championship 2019-2020, organized by Dr. Anita Baruah Sharma college of Education on the 22nd and 23rd February, 2020 at Sarusajai Sports Complex Guwahati. The team consist of 10 player, one in charge Dr. Robinjyoti Khataniar and Coach Sourav Talukdar. In athletics events Risu Raut, Animesh Das, Mahidul Islam, Anuwara Parbin won 3 Silver medals and 2 Bronze medals and in boxing events Ankur Bhusan Das, Tanmay Bayan, Jitumani Das won 3 Silver medals. The team of B.H. College won 2nd highest medals in the tournament.



INTER CLUB ATHLETICS TOURNAMENT 2020

The team of B.H. College won 23 models in Inter club athletics competition 2020, organized by Barpeta District Sports Association on the 6TH and 7TH December 2020 at

Barpeta District Sports Association Play Ground. The team won 11 Gold medals, 9 Silver medals, and 3 Bronze medals in various events. The team of B.H College consists of total 22 numbers of player and in charge Dr. Robinjyoti Khataniar and Coach Sourav Talukdar. On the success of the team Dr. Bhushan Ch. Pathak, Principal B. H College appreciated the efforts of the players and other team members.



INTER CLUB ATHLETICS TOURNAMENT 2021

The team of B. H college won 29 medals in Inter Club Athletics Competition 2021, organized by Barpeta District Sports Association on the 6th and 7th November 2021. The team won 13 gold medals, 12 silver medals, and 4 bronze medals in various events. The B.H College team consist of total 22 numbers of player and in charge Dr. Robinjyoti Khataniar and coach Sourav Talukdar. On the success of the team Dr. Bhushan Ch. Pathak, Principal B.H.College appreciated the efforts of the players and other team members.



INTER CLUB ATHLETICS TOURNAMENT 2021(HOWLY)

The team of B. H college won 13 medals in Inter club Athletics competition, 2021 organized by Howly Sports Association on the 11th and 12th October, 2021 at Chandibaruah Mini Stadium. The team won 5 gold medals, 4 silver medals, and 4 bronze medals in various events. The team members of B.H. College were Dil Akthara Khanam, Modhushmita Barman, Nikita Nath, Jesmina Yesmin, Shofikul Ali, Hena Khan, Anushmita Das, Samima Jahan and incharge Dr. Robinjyoti Khataniar coach Sourav Talukdar. On the success of the team Dr. Bhushan Ch. Pathak, Principal B.H. College appreciated the efforts of the players and the other team members.



SENIOR INTER DISTRICT KHO-KHO CHAMPIONSHIP 2021

6 students of B.H. College, Howly were selected to represent Barpeta District in Inter District Kho-Kho championship (Girls), organized by Assam Kho-kho Association at Rangia on the 13th and 14th march 2021. Dil Aktara Khanam, Sabina Yasmin, Jesmina Yesmin, Sonia Jahan, Radha Daimari and Janhabi Kalita From B.H. College represented Barpeta District and went to semi finals and lost against Golaghat District.



INTER CLUB ATHLETICS TOURNAMENT 2022

The team of B. H college won 29 medals in Inter Club Athletics Competition 2021, organized by Barpeta District Sports Association on the 6th and 7th November 2021. The team won 13 gold medals, 12 silver medals, and 4 bronze medals in various events. The B.H College team consist of total 22 numbers of player and incharge Dr.

Robinjyoti Khataniar and coach Sourav Talukdar. On the success of the team Dr. Bhushan Ch. Pathak, Principal B.H.College appreciated the efforts of the players and other team members.



BADMINTON TOURNAMENT

On celebration of Azadi Ka Amrit Mahotsav B.H.College Sports Cell organised a badminton tournament among the players of 27 BN SSB Gowagacha and the B.H College on the 3rd august 2022 at B.H College Indoor stadium.



***NATIONAL MASTERS ATHLETICS COMPETITION 2020 AND 2022
AND
FELICITATION PROGRA FOR Dr. RABINJYOTI KHATANIYAR***

On the 2nd February 2020 B.H College sports cell organized a felicitation ceremony to felicitated *Dr.Rabinjoyti Khataniyar* Asst.Prof.Economics Dept. of B.H. College, Howly for his achievement in National Masters Athletics competition 2020, held at

Manipur (Imphal) He represented Assam in athletics events(Mens 45+) and won Two Gold Medals in 100 and 200 mtr race.Dr. Bhushan Ch. Pathak,principal B.H.College, Dr.Bhanu Nath Vice Principal B.H. College,Pankaj Kr.Das, M.V.I Barpeta,JagadaTalukdar Master Athlet, and all the members of sports cell were present in this ceremony.

In 2022 *Dr. Rabinjoyti Khataniyar* represent Assam State in 1st National Open Masters Athletics championship held at Vadodra (Gujrat) from 16th to 19th June 2022 and won silver medal in 100mtr race in men's 50+ age category





***LUNKARAN SAMSUKHA STATE LEVEL INTER COLLEGE
VOLLEYBALL TOURNAMENT
ORGANISED BY: B.H. COLLEGE HOWLY, ON THE 9th AND 10th
JANUARY 2022***

B.H. College, Howly organized the Lunkaarn Samsukha Memorial State Level Inter College Volleyball Tournament 2022 on the 9th and 10th January, 2022 at B.H. College playground. The tournament was inaugurated by Ramavatar Maheswari on the 9th January, 2022. Principal B.H. College Dr. Bhushan Ch. Pathak and all the teachers and members of B.H. College and the family members of donor were also present in the opening ceremony. Gauhati University, Barnagar College Sorbhog, M.C. College, Tihu College, Mandiya College, Sankar Madhab College, B.H. College Howly, B.B.K. College, Nabajyoti College total 9 colleges participated in the tournament from various districts of Assam. Also a girls exhibition match was played between the B.H. College and Barnagar College girls volleyball teams.

On the 10th January, 2022 B.H. College and B.B.K. College entered in the finals and B.H. College won the final match by defeating B.B.K. College by 3-0 sets. In the girls exhibition match Barnagar College won against B.H. College team.

In the prize distribution ceremony all the members of Samsukha family, Tez Prasad Bhusal D.C. Barpeta, Dr. Bhushan Ch. Pathak, Principal B.H. College Howly, Nabajit Pathak A.D.C. Barpeta, Pankaj Kumar Das M.V.I. Barpeta, Rabin Joyti Khataniyar Organizing Secretary were present. The winner team was awarded a trophy with Rs.15000/- prize

money and the runner up team awarded a trophy and Rs.10000/ prize money. On this ceremony, everyone appreciated the efforts of B.H College to promote sports and organize a wonderful tournament.



NISHAD ALI Student of B.H College, Howly represent India and won 2 Bronze Medals in Commonwealth Karate Championship 2022, Held at Birmingham, United Kingdom.



JESMINA YESMIN Student of B.H College, Howly represent India in 2nd India Open International Taekwondo Championship 2022, Held at New Delhi and won Gold Medal in Kyuorogi under 49 kg category.



Problems Encountered:-

The sports related facilities of our college is way more better than any other colleges nearby us and we are gradually improving day by day but still we are facing some trouble in some specific areas. Some problems we are facing regarding sports are:-

1. Now days the interest of the students towards sports is increasing and some time we face lack of equipments problem to train the large numbers of students at a time.
2. In our college there is no facility for a separate sports office. The college is facing a problem related to a separate sports office inside the college building and which is a much needed facility for a college.
3. Also we need an office bearer to look after the sports office and other sports related official matters.
4. The college has no specific timetable for sports classes. The college authority must prepare a timetable for each class for practice sessions.
5. We are also facing a problem related to physical instructor. The college authority has appointed only one physical instructor against all the students of the college. Some time it's become very difficult to handle the students by one physical instructor during the practice session.

Future roadmap:-

1. The college is planning to construct pavilion around the college field for convenience of the spectators.
2. The college authority is also planning for installation of lights around the college field.
3. Construction of one synthetic volleyball court is also a vision of the college authority.
4. The college is also planning to construct a swimming pool inside the college campus

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